

Enabling Aging in Community: What Happens Before Someone Needs Care?

Sarah Webster
The Centre for Studies in Aging & Health
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Can I get where I need to go?



Is my home safe and adaptable?



Can I stay active?



Am I meaningfully connected?



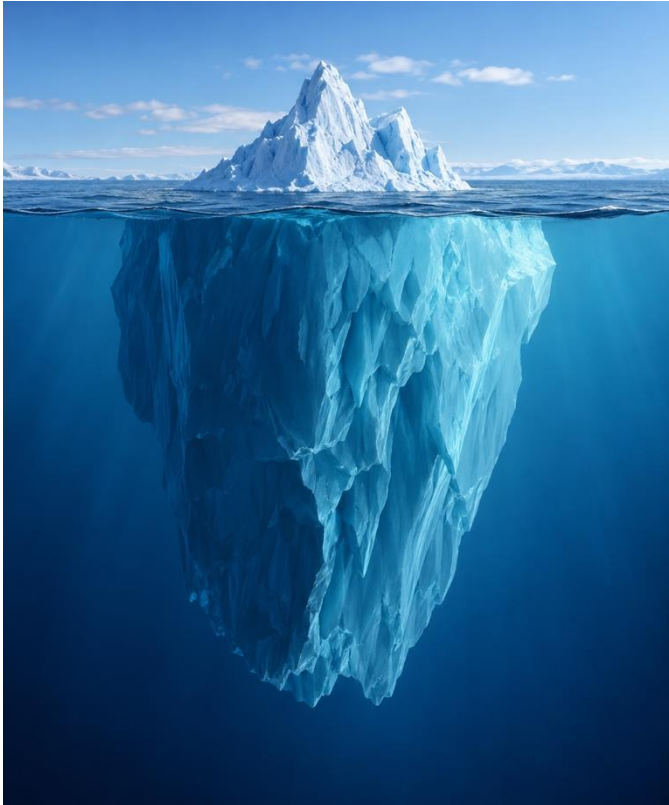
Can I find and access the services I need?



Do I feel valued, included and able to contribute?



We often treat the consequences (instead of the conditions)



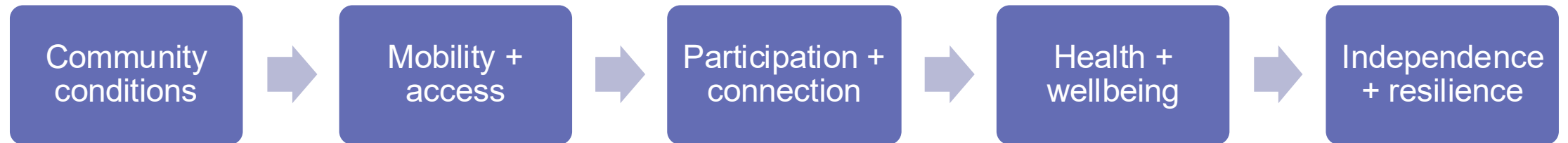
We often treat the consequences...

Falls • Isolation • Caregiver exhaustion • Frailty • Loss of independence

But, what are the accumulating conditions?

Mobility • Housing • Transportation • Connection • Access • Environment

Aging in community is a system outcome



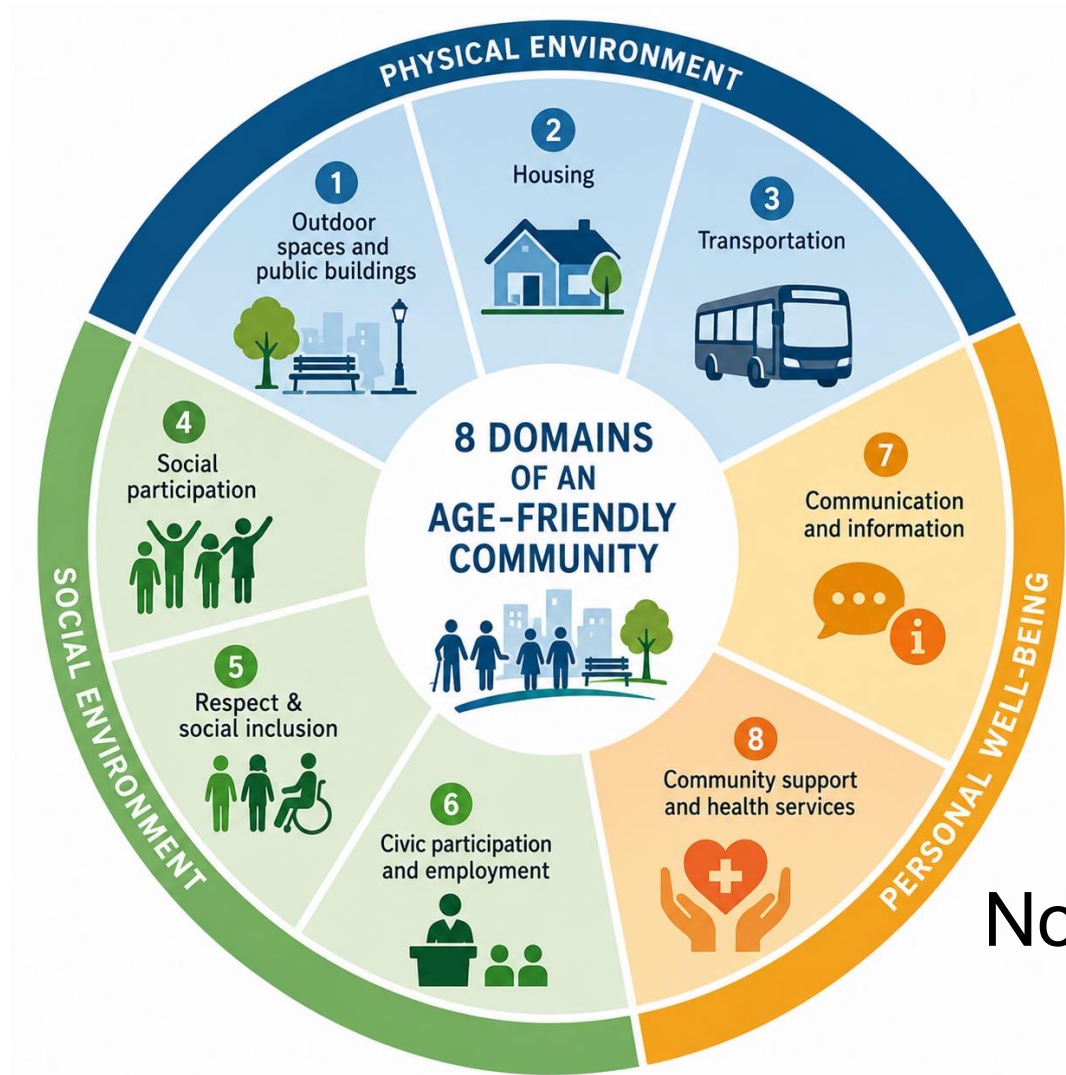
Sometimes the person hasn't failed
The environment has stopped supporting them.

What enables aging in community?



No single enabler is sufficient on its own.

Age-Friendly Communities



Not another program,
A shared lens

Why this matters for frailty



What if we not only identified frailty earlier, but reduced vulnerability to its consequences?

Prevention lives outside healthcare



Community assets = health-enabling assets

Expanding our partnerships



A different way to think about prevention

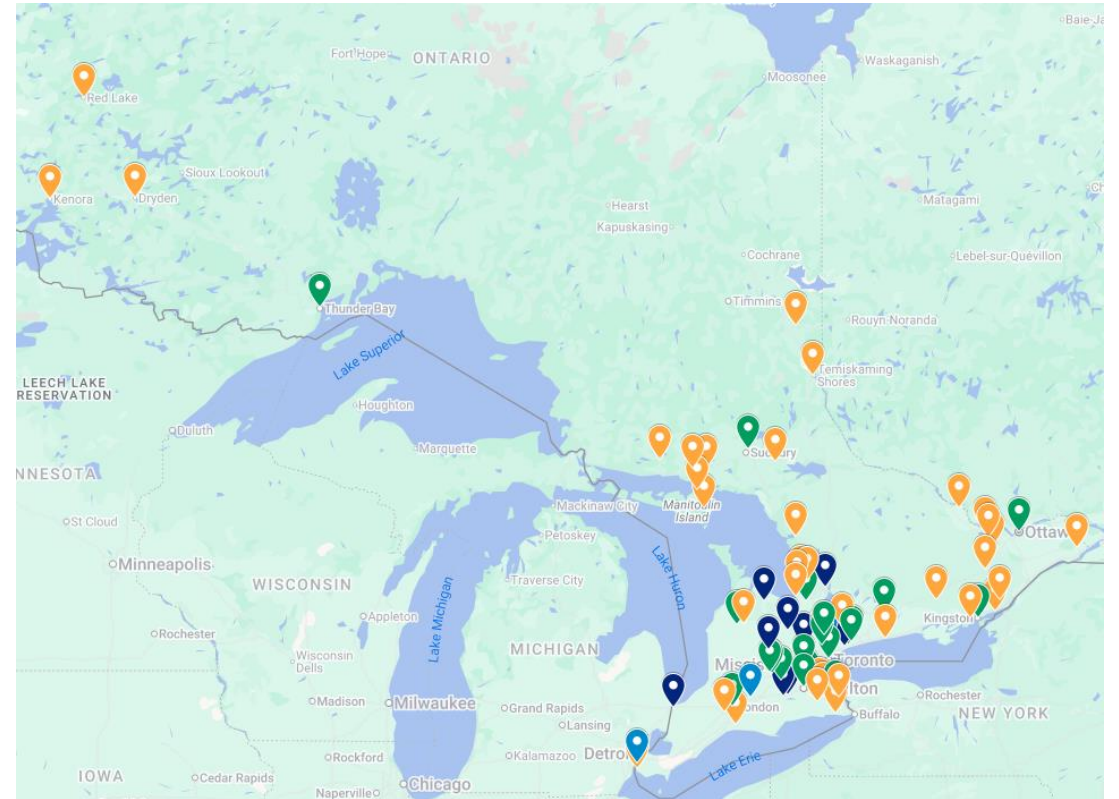
What are we trying to preserve?

- Mobility
- Connection
- Purpose
- Function
- Autonomy
- Participation
- Resilience

For someone living with frailty, prevention can mean preserving what matters for longer

The opportunity

- Age-Friendly Communities provide
 - a shared language
 - a whole-community framework
 - an upstream approach
 - a way to connect sectors that don't usually work together



**Aging in community isn't created by healthcare.
It's enabled by communities.**



Our opportunity is to connect the communities people live in with the systems that care for them

Questions? Get in touch!

- Sarah Webster, Manager
sarahw@queensu.ca
- Cheryl Athersych, Knowledge Broker
cheryl.athersych@queensu.ca
- Website:
 - www.agefriendlyontario.ca
 - www.csah.ca