

ISO Technical Committee on Ageing Societies

- Formed to develop standards to address the societal needs of the ageing population and provide guidance to organizations that provide services to this age group.

Link: <https://committee.iso.org/home/tc314>

Age Friend Ireland – Falls Prevention Classes

- These falls prevention classes target the low to medium risk people so they can improve their balance, increase their exercise and ensure that they can live independently in their own homes for longer.

Link: <https://agefriendlyireland.ie/initiative/falls-prevention-classes-these-classes-are-designed-to-improve-balance-reduce-the-risk-of-falls/>

The 2025 National Institute on Ageing in Canada Survey Report

- The annual survey examines 10 indicators of ageing well in Canada, including social wellbeing, financial security, health and independence and perspectives on ageing for Canadians 50 years and older across the country.

Link: <https://niageing.ca/reports/perspectives-on-growing-older-in-canada-the-2025-nia-ageing-in-canada-survey/>

Rehabilitative Care Alliance Rehab Access Pathway

- Outlines referral pathways to community-based or directly to bedded rehab services by delineating the steps to assess an older adult's change from baseline function, determining their restorative potential and providing guidance for referral to the appropriate level of rehabilitative care.

Link: <https://rehabcarealliance.ca/frail-seniors/rehab-access-pathway/>

Article “Reimagining Aging: Building a Compassionate, Connected System of Care”

- A personal perspective from Deb Galet, CEO Baycrest

Link: <https://www.oha.com/news/reimagining-aging-building-a-compassionate-connected-system-of-care>

Community Access Program

- Referral Form for Community Outreach Workers to assist people experiencing homelessness or who are underhoused to understand and navigate health care, mental health and substance use systems.

Link: <https://app.smartsheet.com/b/form/7af3757d91f647a380982b2294d68ff6>

Ontario Hospital Association Report – Projected Patterns of Illness in Ontario

- The study projects the future burden of illness in Ontario and highlights the impact on the provincial health care system.

Link: <https://www.oha.com/communications/projected-patterns-of-illness-in-ontario>

These resources were suggested by participants. Their inclusion does not constitute endorsement or verification of accuracy, quality, or suitability. Please review and use these resources at your discretion.

CHAH Technology

- AI-powered homecare

Link: <https://chah.ai/>

Promoting Healthy Ageing Through a Frailty Prevention Approach - Report

- The ADVANTAGE JA has brought together 34 partners, governments and non-governmental institutions (mainly academia), from 22 Member States for three years (2017-2019). It aimed to build a common understanding on frailty to be used in the MS as a basis for a common approach to manage older people who have, or are at risk of developing, frailty to promote a disability-free advanced age in Europe, enhancing healthy ageing.

Link: <https://integratedcarefoundation.org/wp-content/uploads/2018/05/FPA-Core-ADVANTAGE-doc.pdf>

Dancing with Parkinsons

- Free, online daily dance classes (7 days a week, 365 days per year)

Link: <https://www.dancingwithparkinsons.com/>

Menolink

- Science-based guidance, expert resources, and support to navigate menopause and protect cognitive health.

Link: www.menolink.ca

Closing the Gaps: Advancing Emergency Preparedness, Response and Recovery for Older Adults

- 29 Evidence-Informed Expert Recommendations to Improve Emergency Preparedness, Response and Recovery for Older Adults Across Canada

Link:

https://static1.squarespace.com/static/5c2fa7b03917eed9b5a436d8/t/5fd2410d9db3cd0795e984ed/1607614734474/CRC_WhitePaper_EN.pdf

Article: Internet Surfing May Help Protect Against Dementia Among Older Adults

- A new study finds that older individuals who regularly use the internet are nearly half as likely to develop dementia as those who do not regularly use the internet.

Link: <https://corealberta.ca/resources/article-internet-surfing-may-help-protect-against-dementia-among-older-adults>

360 Living Models: Inventory

- A curated selection of 360 Living Models from Canada, the United States, and other countries. These models range from low- to high-intensity approaches.

Link: <https://actionforbetteraging.ca/360-living-models-inventory>

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