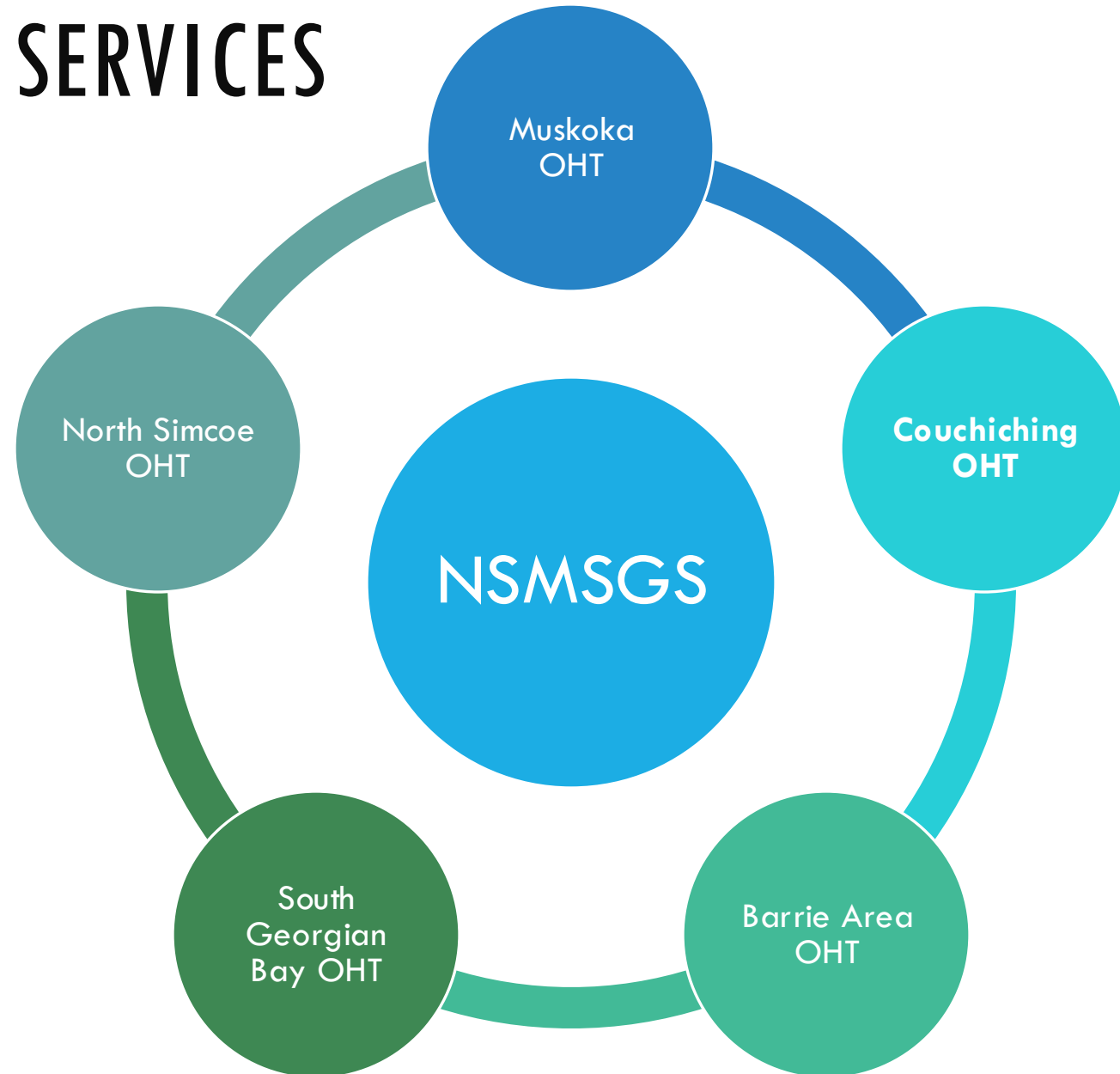


COUCHICHIING'S FHT MODEL: PRIMARY CARE INTEGRATED GERIATRIC TEAM

Provincial Geriatrics Leadership Office Webinar
May 8, 2025
Dr. Kevin Young & Dr. Amanda Gardhouse

SPECIALIZED GERIATRIC SERVICES HUB & SPOKE MODEL



Couchiching Ontario Health Team

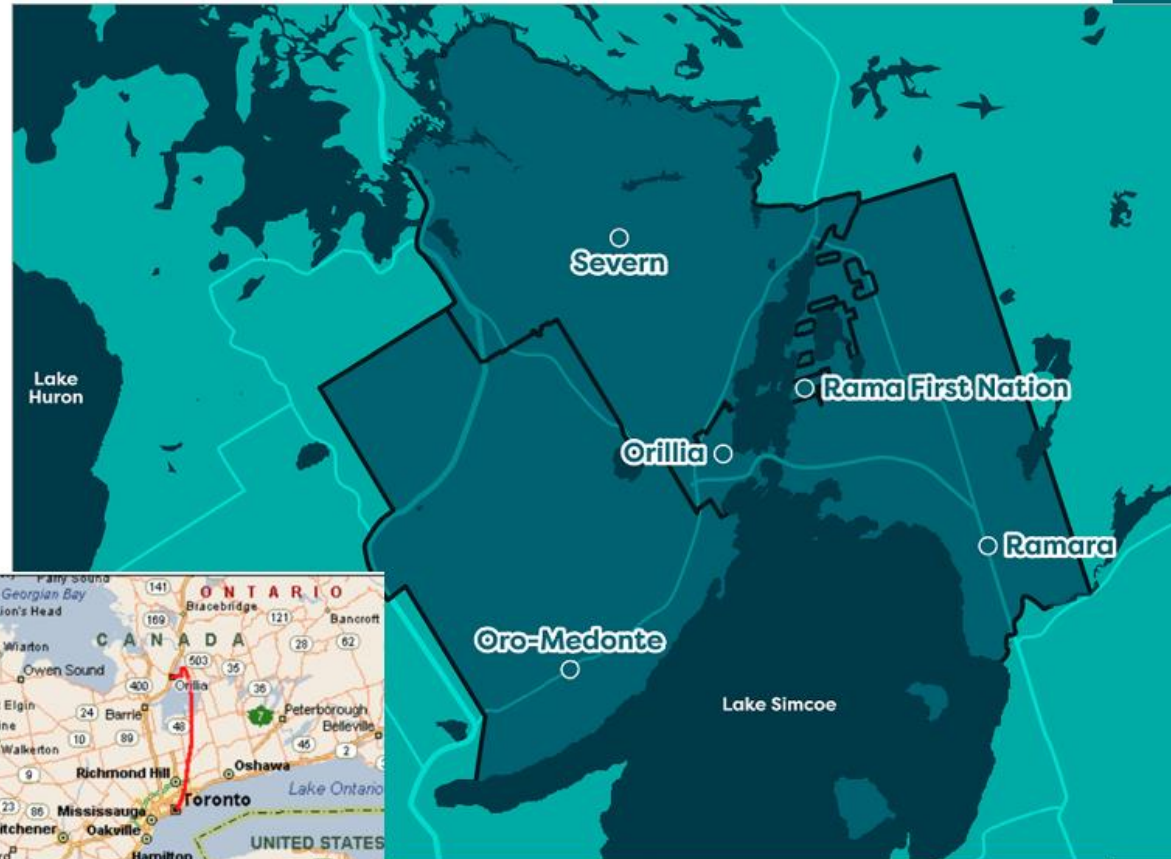
Our Ontario Health Team
spans across
Orillia, Oro-Medonte,
Ramara, Severn & the
Chippewas of Rama First
Nation

Attributable population of:
~67,000

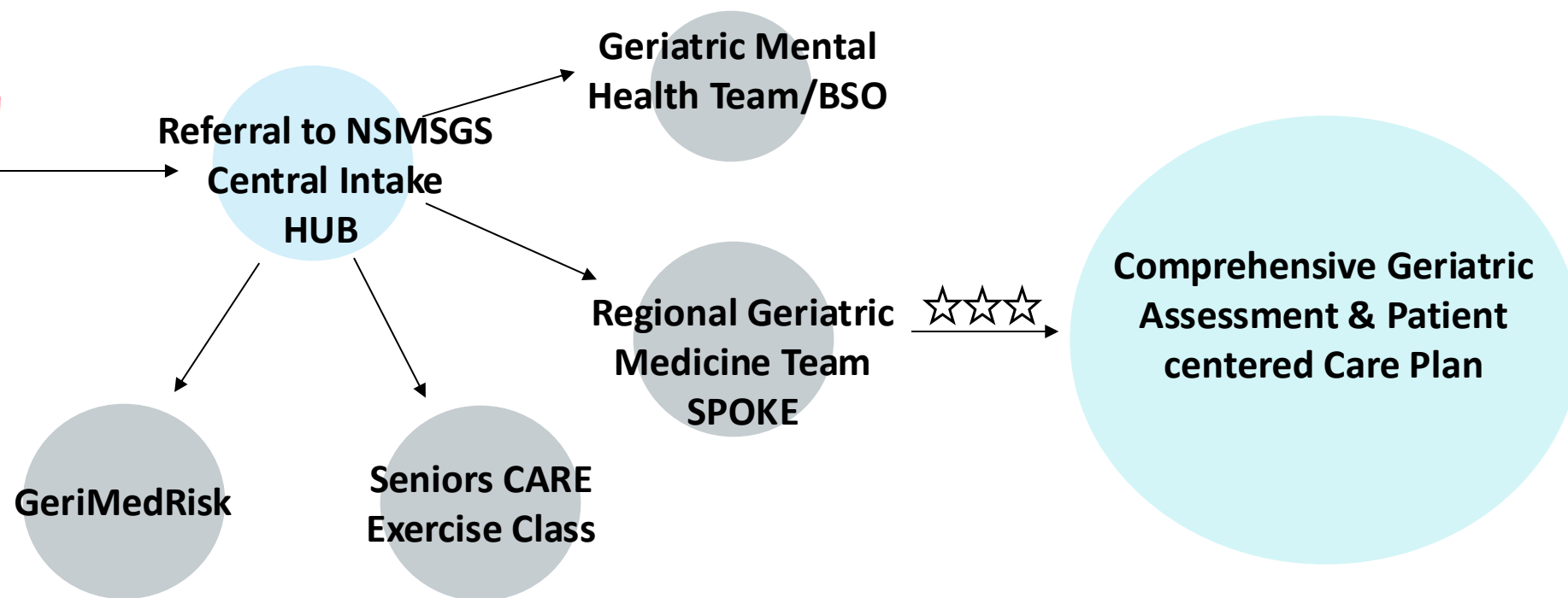
Geographical population
of:
~90,000*

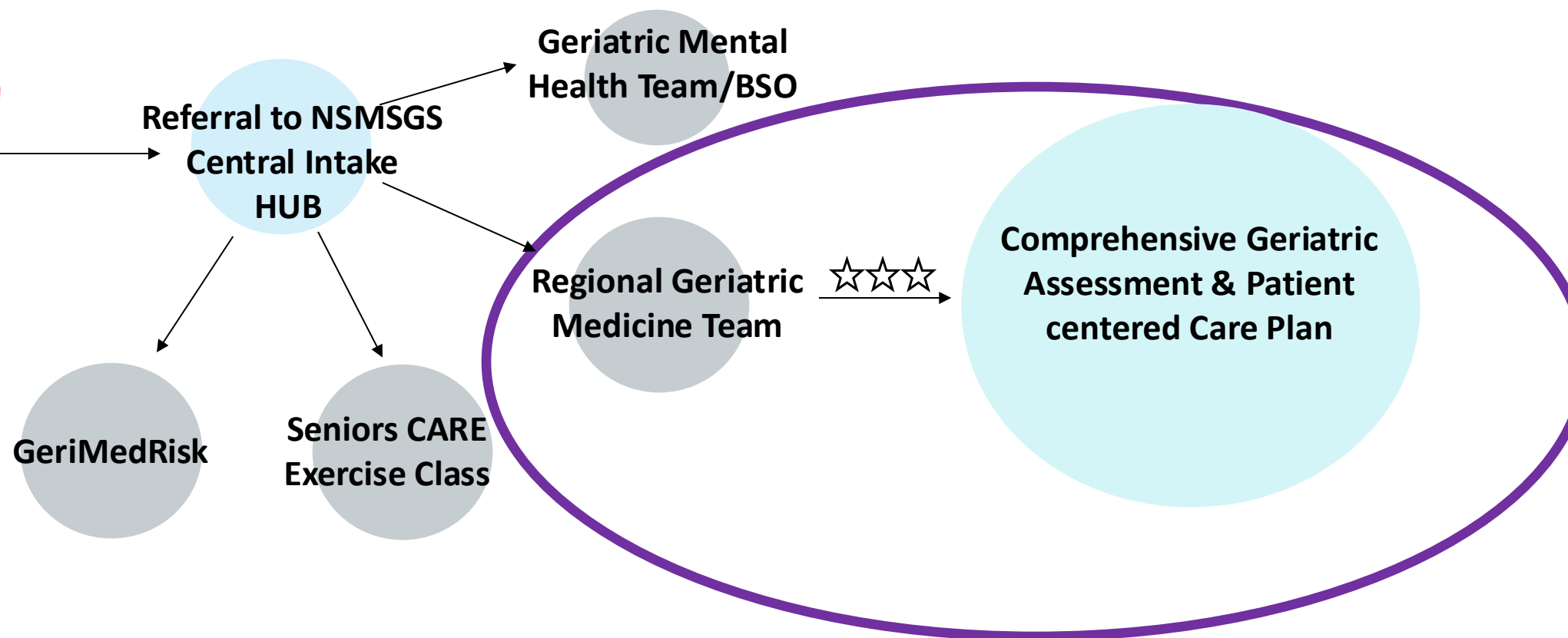
Anchor
Partners
(14)

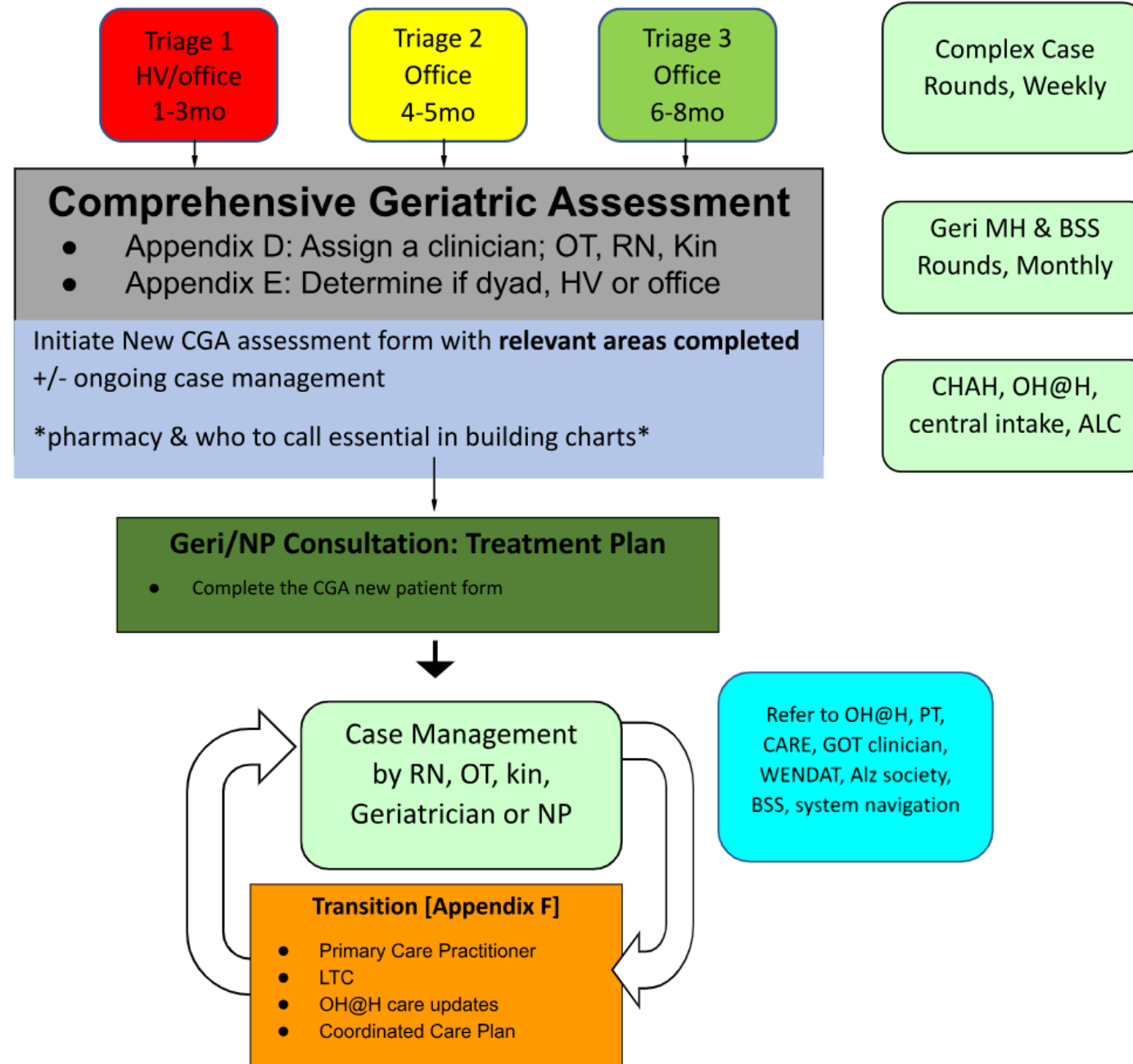
Affiliate
Partners
(30+)



*Does not include influx from seasonal residents







GETTING TO THE CGA



TRIAGE PRIORITY



MULTIDISCIPLINARY
TEAM MEMBER[S]

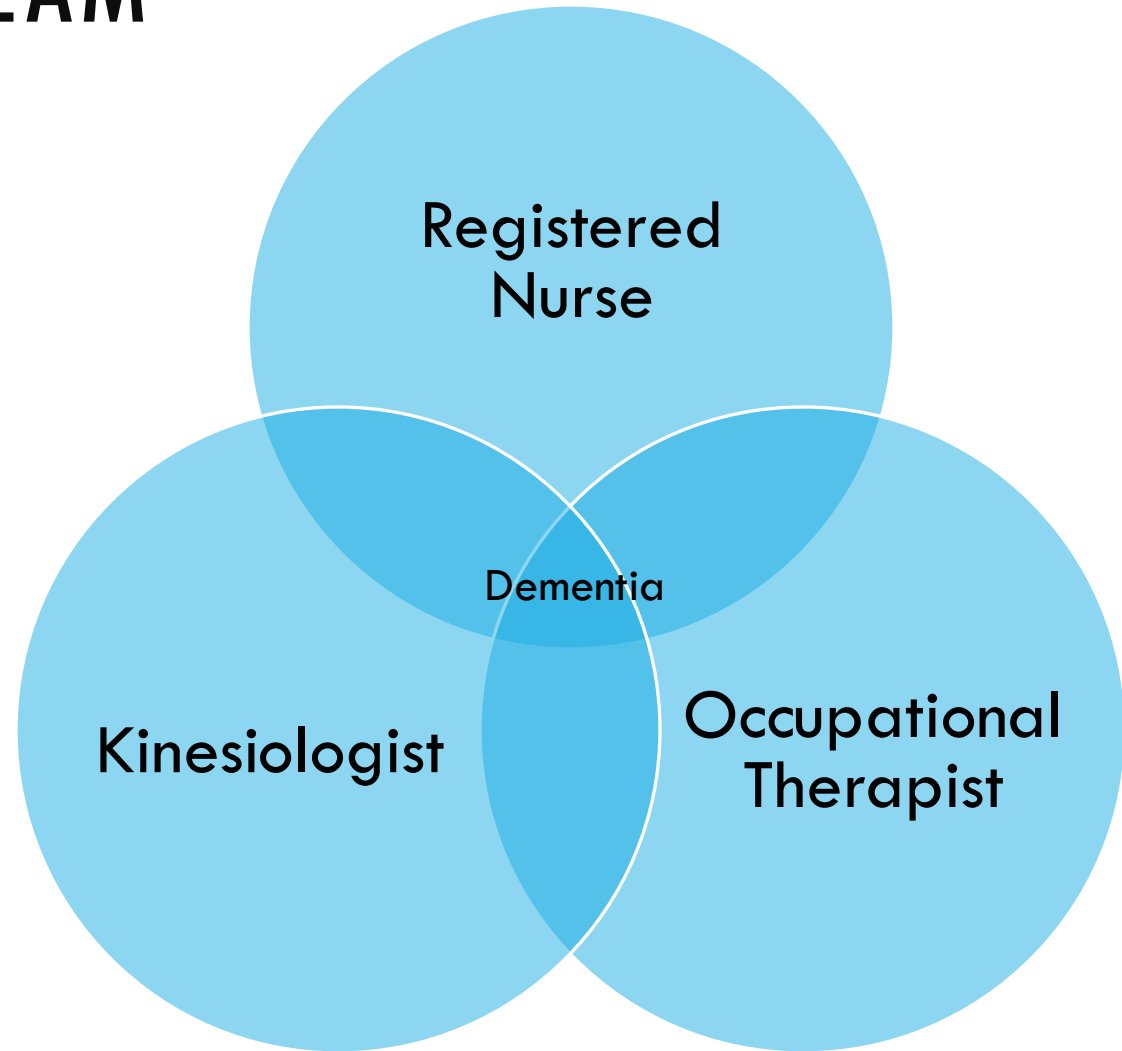


HOME VS. OFFICE

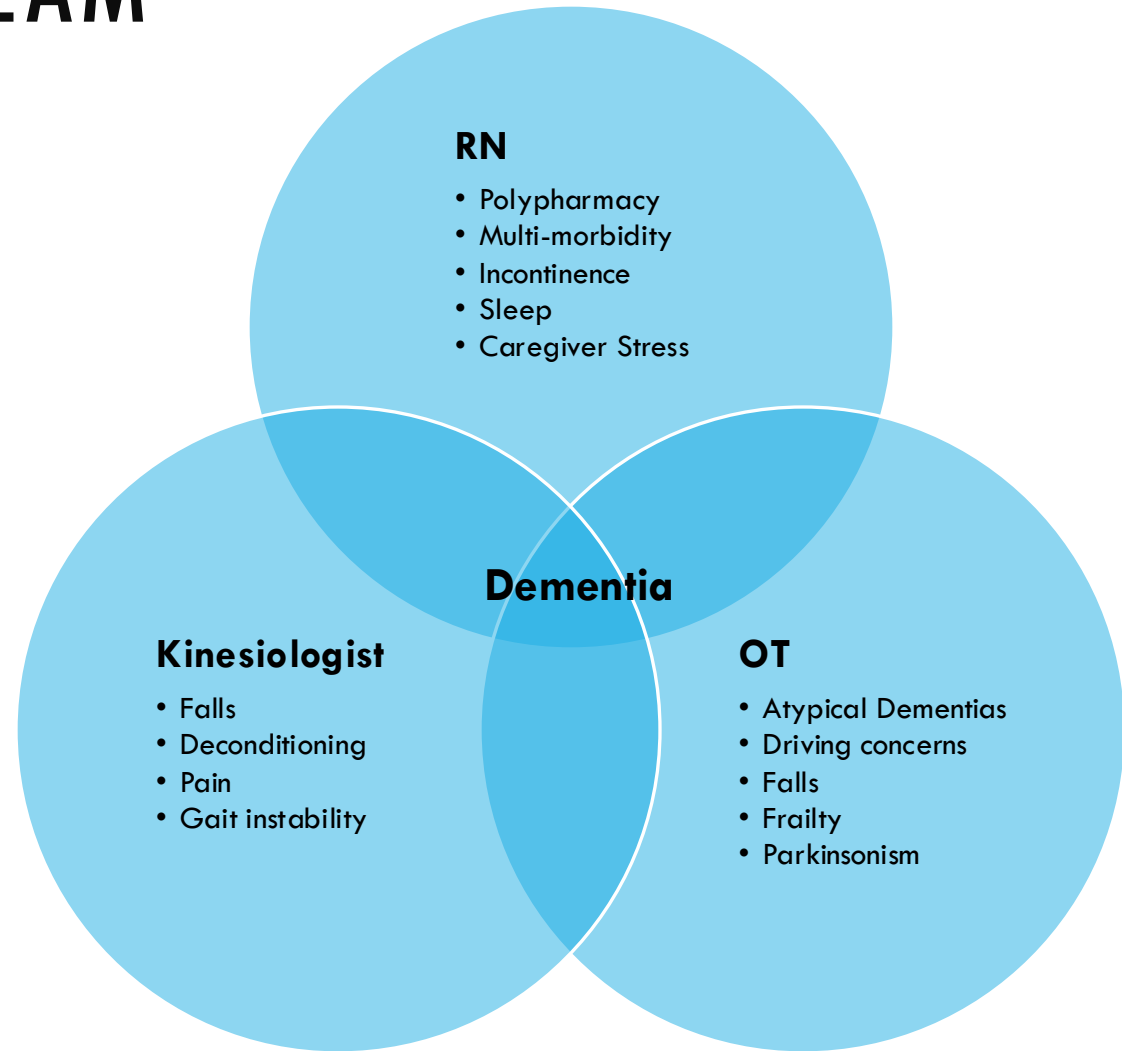
TRIAGE

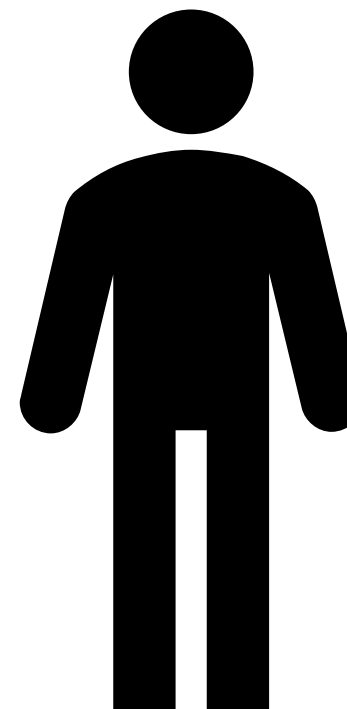
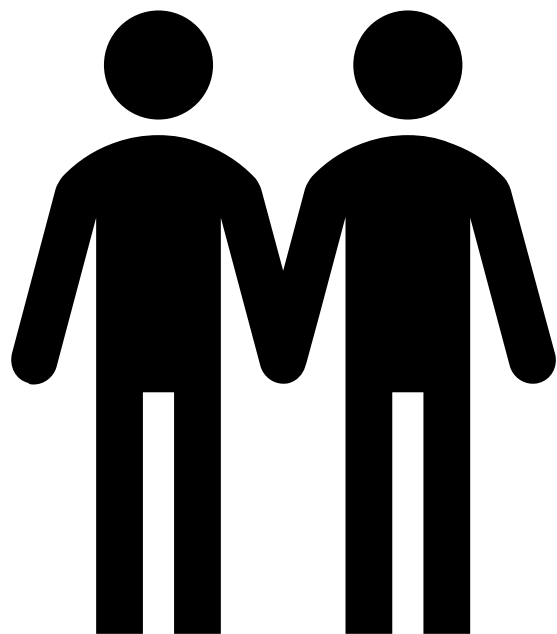
Urgent		Regular	
1: Imminent Actual Risk		2: Imminent Potential Risk	3: Low to Moderate Risk
<ul style="list-style-type: none">• Risk to self or others [wandering, paranoia, aggression, etc]• Increased use of HC system• Cognitive decline w/ no supports		<ul style="list-style-type: none">• Increased of worsening falls• Cognitive decline w/ supports• Parkinsonism, etc	<ul style="list-style-type: none">• Other geriatric giants; incontinence, multi-morbidity, depression, polypharmacy, sleep, pain, etc

MULTI-DISCIPLINARY TEAM



MULTI-DISCIPLINARY TEAM

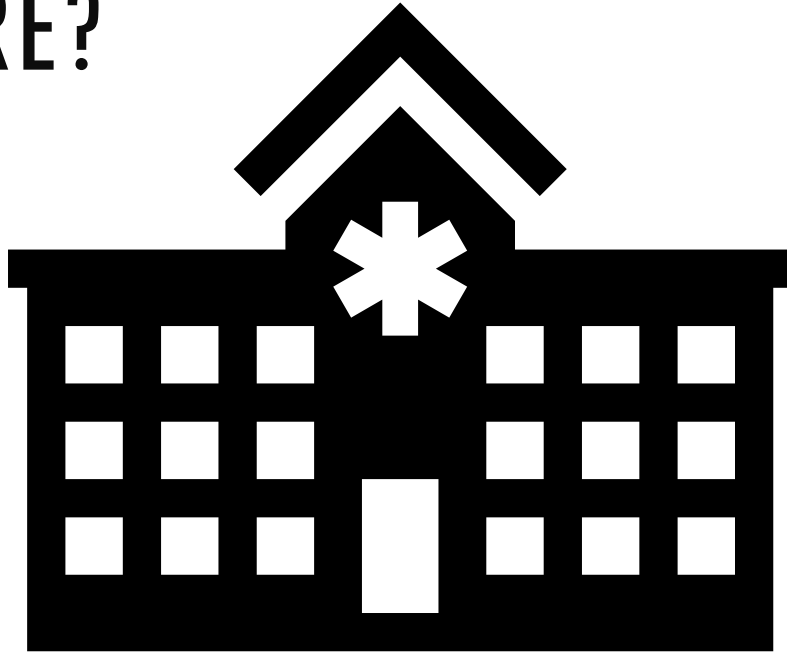




DO WE NEED A DYAD?

Safety concerns related to
Dementia and/or BPSD

WHERE?



- Triage 2 or 3



- Triage 1 AND
- Homebound
- Safety concerns
 - Dementia
 - Falls

HOW ARE WE DOING?



URGENT

6 week wait



REGULAR

5.5 month wait

1.0 Admin
2.8 RN*

1.5 OT
1.0 Kin

0.8 NP
0.6 MD**



914 New patients

9191 Follow up visits

A YEAR IN REVIEW

*1.0 vacant, **not CFHT employee



Our team is embedded within Couchiching FHT



We serve all individuals living within our region



Enhanced communication - documentation is within the CFHT EMR



Community partners have access to EMR to enhance collaboration



Meet weekly to discuss complex cases with cross-sector partners

INTEGRATION



Couchiching

Family Health Team



North Simcoe Muskoka

Specialized Geriatric Services





**Ontario
Health atHome**



Couchiching

Family Health Team

System Navigation
Unattached clinic
Administrative support
Chronic disease hub



Couchiching
Ontario Health Team

Primary Care Network

Couchiching Hospital @ Home



North Simcoe Muskoka
Specialized Geriatric Services

BSS
Central Intake
Senior's CARE

Geriatric Medicine QI
Physiotherapy
WENDAT



Soldiers'
MEMORIAL HOSPITAL Orillia

GEM
BSA
Geriatric Clinician

