

Coordinating Specialized Physical, Cognitive, Social and Mental Health Services for Older Adults in Ontario

What are Specialized Geriatric Services?

Specialized Geriatric Services (SGS) are defined as a comprehensive, coordinated system of health services that carry out early identification, screening and comprehensive assessment; diagnosis; care planning, intervention and treatment; and support transitions for older adults living with complex health conditions, including frailty and dementia. These services are provided across the continuum of care by interdisciplinary teams with expertise in care of older adults. SGS is inclusive of Geriatric Medicine, Geriatric Psychiatry, Seniors Mental Health, Care of the Elderly and Integrated Geriatric Teams.

SGS programs are led by health professionals who have training specific in the care of older adults, and who provide direct care to individuals who require expert assessment and treatment of complex, and often interacting, health conditions (sometimes referred to as frailty). These experts may support other health system partners in their care of older adults living with moderate or lower complexity. Care in SGS is focused on the provision of health and social care through integrated models. SGS are central to a health system that can respond effectively to the needs of an ageing population. These programs contribute to desired system outcomes such as preventing avoidable emergency department use, hospitalization, alternate level of care and premature institutionalization. The expert care provided in SGS programs also positively impacts older adults directly by optimizing functional ability, independence, and quality of life, and by preventing avoidable decline.

What do Specialized Geriatric Services do?

SGS are organized to support the delivery of evidence informed care and work in collaboration with various partners, including older adults living with complexity and frailty and their care partners. Services include:

- - Multidisciplinary, collaborative (interprofessional) teams
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¹ Integrated specialized geriatric expertise

Older person and care partner engagement,

and tailored treatments and interventions

- Comprehensive geriatric assessment and person-centred care planning
 - Equitable & culturally appropriate care



In addition to focusing on what matters most for older adults and their care partners, SGS focus on the following domains of care:

- Cognition
- Social Engagement
- Mobility & Falls
- Skin Integrity
- Polypharmacy
- Nutrition & Hydration

- Delirium
- Function
- Continence
- Pain
- Mood & Mental Health
- Sleep



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Primary Care

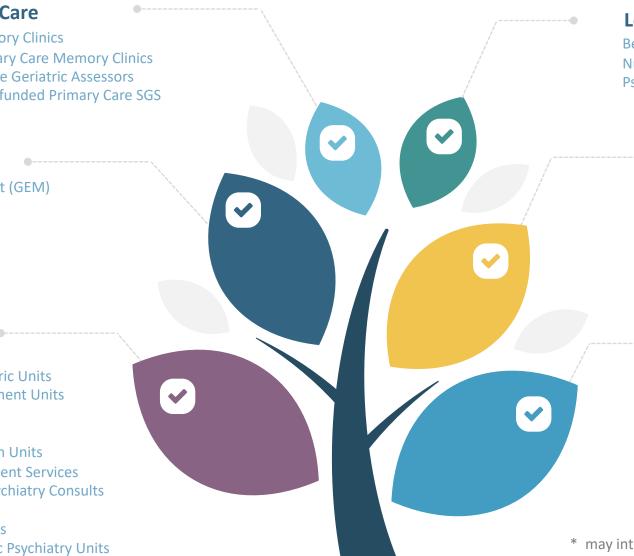
MINT Memory Clinics Other Primary Care Memory Clinics Primary Care Geriatric Assessors Sessionally-funded Primary Care SGS

Emergent/Urgent Care

Geriatric Emergency Management (GEM) Urgent Care Geriatrics Clinics +

In-Patient Geriatrics

Acute Geriatric Psychiatry Acute Care of the Elderly/Geriatric Units Geriatric Assessment and Treatment Units **Behavioural Supports Ontario** Geriatric Behavioural Units Geriatric Medicine Rehabilitation Units Inpatient Geriatric Co-Management Services Inpatient Geriatric Medicine/Psychiatry Consults **Tertiary Seniors Specialty Units Tertiary Dementia Specialty Units** Tertiary Non-Dementia Geriatric Psychiatry Units



Models of Specialized Geriatric Services

Long Term Care

Behavioural Supports Ontario (BSO) Nurse Led Outreach Teams (NLOTs) **Psychogeriatric Resource Consultants**

Other Geriatric Services

Behavioural Support Transitional Units E-Geriatric Consult/Telehealth Services + Fall Prevention Clinics + Hospital Elder Life Program 🔶 Shared care geriatric mental health program **Specialist Based Memory Clinic Models**

Community Geriatrics

Behavioural Supports Ontario (BSO) **Community Paramedicine** Geriatric Medicine/Psychiatry Day Hospitals Geriatric Medicine/Psychiatry Outpatient Clinics Geriatric Medicine/Psychiatry Outreach Teams *

* may integrate community BSO clinicians service type added and defined by data contributors