# Reflecting on the COVID-19 Pandemic – Examining Themes from Long Term Care: An International Virtual Town Hall





## Friday, September 25, 2020 3:00 pm to 5:00 pm (EDT)

An event reviewing evidence briefs and experience from around the world to inform future planning in Long Term Care and Older Person's Care

# **Biographies for Speakers and Panel Chairs**

### 3:00 pm to 3:30 pm (EDT) - Session 1: The Built Environment - Go Big, Go Small or Stay home?

In this session, panelists will highlight emerging data and experiences that raise important questions about the kind of physical infrastructure needed for long term older adult care.

## **Session Chair**

Dr. Sophiya Benjamin, MBBS, FRCP(C), DABPN



Co-Medical Director – Geriatric Psychiatry, Provincial Geriatrics Leadership Office, Ontario, Canada

Dr. Sophiya Benjamin is Associate Clinical Professor in the Department of Psychiatry & Behavioral Neurosciences McMaster University. She is the co-founder of GeriMedRisk and is a geriatric psychiatrist serving seniors with dementia at a Regional Specialized Mental Health Program in Kitchener. She also practices in long term care and supports memory clinics. Dr. Benjamin is also the co-Medical director of the Provincial Geriatric Leadership office.

**Panelists** 

Dr. Andrew Costa, PhD

Associate Professor, Department of Clinical Epidemiology and Biostatistics and Schlegel Chair in Clinical Epidemiology and Aging, McMaster University, Ontario, Canada



Andrew Costa is an Associate Professor and Schlegel Research Chair in Clinical Epidemiology & Aging in the Department of Clinical Epidemiology & Biostatistics at McMaster University. He also serves as the Research Lead at the DeGroote School of

Medicine, Waterloo Regional Campus. He is an interRAI Fellow where he is engaged in the

Network of Excellence in Acute Care (iNEAC) and leads the Emergency Department Working Group. He has received CIHR awards for his research in health services and policy and is a member of the Centre for Health Economics and Policy Analysis (CHEPA).

#### Academic Interests

Dr. Costa's research program promotes evidence-based care and policy in seniors and geriatric care. His program of research makes use of health information and technology to develop better models of care and decision support systems in home and community care, emergency departments, and acute care. His current work is focused on the development and evaluation of models of care for avoidable emergency department use and care of the elderly in emergency departments. He is an interRAI Fellow where he is engaged in the Network of Excellence in Acute Care (www.interRAI.org).Dr. Costa's work makes use of large health care data

	repositories, multi-site prospective cohort studies, and pragmatic trial methods. He also has an active interest in the development and use of funding and performance systems in health care reform.
Dr. Vince Mor, Ph	Florence Pirce Grant Professor of Health Services, Policy & Practice, School of Public Health, Center for Gerontology and Healthcare Research, Brown University, Rhode Island, USA
	Dr. Vincent Mor is Professor of Health Services, Policy & Practice and the Florence Pirce Grant University Health in the Brown University School of Public Health. He has been Principal Investigator of over 40+ NIH funded grants focusing on the use of health services and the outcomes frail and chronically ill persons experience and has evaluated the impact of programs and policies in aging and long term care including Medicare funding of hospice, changes in Medicare nursing home payment and the introduction of quality measures. He was one of the authors of the Congressionally mandated Minimum Data Set (MDS) for Nursing Home Resident Assessment and the architect of an integrated Medicare claims and clinical assessment data used for policy analysis, pharmacoepidemiology and population outcome measurement. Dr. Mor was elected to the National Academy of Medicine in 2015 and has received numerous awards over his career. He has published over 400 peer reviewed articles and numerous books and book chapters on hospice, physical functioning, long term care and cancer treatment patterns among the elderly as well as the organization of AIDS health services. He is on several editorial boards including Health Services Research.
	Dr. Mor is now funded by the NIA to undertake a large Program Project Grant, "Changing Long Term Care in America: Policies, Markets, Strategies, and Outcomes". This program involves 3 research and administration cores and 4 separate projects all of which seek to better understand the impact of changing state Medicaid policies on long term care providers and the patients that they serve. Collaborating with colleagues from Harvard, Dartmouth and the University of Chicago, Dr. Mor and his Brown colleagues have documented large regional variation in hospitalization rates, including end of life transitions and the use of hospice and palliative care. Additionally, this research has documented substantial disparities in the care and outcomes white and minority nursing home residents receive, largely attributable to the fact that Blacks and Hispanics are more likely to reside in sub-standard facilities.
Dr. David Grabow	
	David C. Grabowski, PhD, is a professor of health care policy in the Department of Health Care Policy at Harvard Medical School. His research examines the economics of aging with a particular interest in the areas of long-term care and post-acute care. Dr. Grabowski is a member of the Medicare Payment Advisory Commission (MedPAC), which is an independent agency established to advise the U.S. Congress on issues affecting the Medicare program. He also recently served on the CMS Coronavirus Commission on Nursing Home Quality and Safety. He is an associate editor of the

## 3:30 pm to 4:00 pm (EDT) - Session 2: Public Health versus Individual Health -Striking a Balance

In this session panelist will share experiences from several countries and reflect on the challenges of balancing public health priorities and individual physical and mental health, including the impact of visitor restrictions.

journal Forum for Health Economics and Policy and he is a member of the editorial

board of the American Journal of Health Economics.

Session Chair	Dr. Anja Declercq, PhD	LUCAS - Centre for Care Research and Consultancy & CESO – Center for Sociologica Research, Ku Leuven University, Belgium
		Anja Declercq studied applied economics and sociology and has a Ph.d in social sciences. She currently is a full professor at the faculty of social sciences (sociological research unit) and the head of the elderly care research unit at the LUCAS research institute, both at the K.U. Leuven in Belgium. She is a fellow and member of the board of interRAI, and the chair of the interRAI Network for Integrated Care and Aging. In Belgium, she does implementation research with several interRAI instruments. Other, and related research interests are the organization of care for the older persons, the quality of care and the quality of life of older people and the analysis of societal changes that have an impact on older people and the care they need and receive.
Panelists	Dr. Terry Yat Sang Lum, BSoSci, MSW, PhD	Director, Sau Po Centre on Ageing, The University of Hong Kong
Panelists		Professor Lum is the Henry G. Leong Professor in Social Work and Social Administration and the Head of the Department of Social Work and Social Administration at the University of Hong Kong. His research interests focus on long-term care, productive aging, environmental gerontology, and geriatric mental health. He is an advisor to the Hong Kong Government on long-term care and has led the development of new assessment instruments and services matching mechanisms for long-term care in Hong Kong. He also advised the Government on the implementation of the community care voucher pilot project that introduced participants directed care to Hong Kong and the implementation of the carers' allowance pilot schemes that provide cash allowance to low income carers of frail older people and people with disabilities. He also advised the Hong Kong Housing Society to develop its aging-in-place program for older people living in public rental estates. Professor Lum is currently directing the HKJC JoyAge Project that provides innovative step-care intervention for older people with depression; the HKJC Age Friendly City Project that promotes age friendliness in Hong Kong; the GrandMove project that prevents and reverses frailty among older people. Professor Lum is an invited member of two WHO committees on healthy aging and long-term care. Before returning to HK, he was a tenured professor at the University of Minnesota. He was elected as a Fellow of the Gerontological Society of America in 2011 and was awarded the Career Leadership Award by the Association of Gerontology Education in Social Work in 2016. Professor Lum is an editor of the Journal of Aging and Mental Health. He is serving as a member of social welfare committees of several major NGOs and is a member of the Minimum Wage Commission of the Government that sets the minimum wage of Hong Kong.
	Dr. Hein van Hout, PhD,	Professor in primary care for older persons, Amsterdam University Medical Center,
		Amsterdam, The Netherlands  Hein van Hout is professor at the Departments of General Practice & Medicine for Older Persons, of the Amsterdam University medical center, location VUmc. He aims to contribute to independence of and quality of life of older persons with vulnerable health and their close relatives. Dr. van Hout studied health sciences and clinical psychology and acquired a PhD in medicine. He published over 160 peer reviewed papers and is involved in the international networks of interRAL and INTERDEM. @heinvanhout hpj.vanhout@amsterdamumc.nl

Dr. Graziano Onder, Geriatrician, PhD



Istituto Superiore di Sanità – Italian National Institute of Health, Rome, Italy

Dr. Graziano Onder, MD, PhD, is a geriatrician with a long history of experience in the field of chronic diseases and elderly care. He is currently Director of the Department of Cardiovascular, Endocrine-metabolic Diseases and Aging at the Italian National Institute of Health (Istituto Superiore di Sanità). Dr. Onder has previously worked as Research Associate at the J. Paul Sticht Center on Aging, Wake Forest University, Winston Salem, NC, USA (2001-2002) and as Associate Professor at the Department of Geriatrics of the Università Cattolica del Sacro Cuore, Rome, Italy (2002-2019). He leads the Work Package on chronic diseases in the context of the Joint Action CHRODIS PLUS funded by the EC. He has also participated in the Joint Action on Chronic Diseases (CHRODIS) and in the Joint Action on Frailty (ADVANTAGE) as WP leader. At a national level he is a member of the Geriatric Working Group of the Italian Medicines Agency (AIFA). His commitment to the field of chronic diseases is proved also by the numerous articles published on these topics: overall he has published more than 350 articles in peer reviewed journals.

4:00 pm to 4:30 (EDT) - Session 3: Staffing and Care models

Panelists will describe models from the perspective of different health professions and jurisdictions and stimulate dialogue about health human resource models in long term care.

## **Session Chair**

## Dr. Leon Geffen, MBChB FCFP(SA)



Family Physician and Honorary Senior Lecturer, Faculty of Health Sciences, University of Cape Town, South Africa

Leon Geffen is a family physician in Cape Town, South Africa. He is the director of the Samson Institute For Ageing Research, Cape Town. He is an honorary senior lecturer in the Geriatrics Unit, Faculty of Health Sciences at University of Cape Town. He has been a contributor to the WHO Clinical Consortium of Healthy Ageing. He serves on the WHO Global Network on Long-term care. He has been on the expert panels of the WHO IPC Guidance for Long-term Care Facilities, and Preventing and managing COVID-19 across long-term care services. He has worked with the Western Cape Province Department of Health in South Africa to develop an action plan for older persons during the COVD-19 pandemic. He is a fellow of interRAI and is currently conducting a research project on how to improve health and wellbeing of older persons at a primary care level.

#### **Panelists**

Dr. Veronique Boscart, RN, MScN, MEd, PhD



Executive Dean, School of Health & Life Sciences, Conestoga College Institute of Technology and Advanced Learning. Waterloo, Ontario, Canada

Dr. Veronique Boscart has extensive gerontological experience including working as a nurse clinician, educator, manager and researcher in an international setting. Her research interests range from the substantive area of evidence-based care in gerontology and best practices in research methods with older adults to the development of gerontological education for health care professionals and care delivery models in residential care. She has published over eighty peer reviewed manuscripts and is the lead author on the first and second Canadian edition of Gerontological Nursing and Healthy Aging (2011, 2018).

Dr. Boscart is the Executive Dean of the School of Health & Life Sciences at Conestoga College. Dr. Boscart is also the chair holder of the CIHR/Schlegel Industrial Research Chair for Colleges in Senior Care funded by the Natural Sciences and Engineering Research Council of Canada (NSERC) and Canadian Institutes of Health Research (CIHR). Dr. Boscart is the president of Registered Nurses Association of Ontario (RNAO) Waterloo Chapter. Dr. Boscart was also President (2015-2017) for the Canadian Gerontological Nursing Association and was a Section Editor for the Canadian Journal on Aging from 2014 to 2020. Dr.

Boscart is involved in many research projects national and international.

Dr. Andrea Moser, MD, MSc, CCFP(COE), FCFP, CMD

Family Physician and Associate Professor, Department of Family and Community Medicine, University of Toronto, Ontario, Canada

Dr. Andrea Moser is a family physician with a focus practice in care of the elderly and a Certified Medical Director through the American Medical Director Association (AMDA) and the American Board of Post Acute and Long Term Medicine (ABPLM). She is the Associate Medical Director, The Jewish Home for the Aged and Chief Medical Information Officer at Baycrest Health Sciences.

Recently in response to Covid-19 has been providing consultation to Sienna Living. She is an Associate Professor DFCM, University of Toronto. Andrea serves as vice president a of the Canadian Society for Long Term Care Medicine (CSLTC). She is the only Canadian board member of the American Board of Post Acute and Long Term Care Medicine (ABPLM) and is a member of the AMDA Education Committee, Membership Committee, Telemedicine Working Group and chair of the International Special Interest Group. She is former president of Ontario Long Term Care Physicians and past chair of the OMA Section of LTC and Care of the Elderly. In her role as board member and president of OLTCP she was co-author of the Ontario Long Term Care Clinicians (OLTCC) Medical Director Curriculum. Dr Moser remains active in continuing professional education with a focus in LTC and is a facilitator for the ECHO Care of the Elderly and LTC at Baycrest. She is actively involved in quality improvement and a variety of innovation fund and research initiatives that focus on improvements to clinical care and innovation in LTC.

Mr. Greg Shaw, BSc



Director, International and Corporate Relations, International Federation on Ageing, Ontario, Canada

Greg Shaw has a science and health administration background and is the Director, International and Corporate Relations for the IFA. Prior to joining the IFA he held senior management positions within the Australian Government in the Department Health and Ageing. He has held appointments with the Ontario Securities Commission Senior Expert Advisory Committee (SERC), the Toronto Police Service Community Advisory Committee and the City of Toronto Advisory Committee on Long-Term Care & Services. His earlier work focused on policy development and program implementation for the Australian aged care reforms, quality assurance and supporting the aged care needs of rural and remote communities throughout northern Australia. An advocate of the aged care needs of marginalized community groups in the 1990s, he worked with many Aboriginal and ethnic communities resulting in the establishment of aged care homes and community aged care services specifically designed and targeted for those communities.

Since joining the IFA in 2003 he has had responsibility for the development of the Building Capacity in Health Care Programs in Africa, worked closely with the South African Human Rights Commission to establish an older person's forum in that country and in 2010 worked with the Government of Mauritius on the establishment of an Observatory on Ageing. He represents the IFA at the United Nations and at the World Health Organization (WHO).

4:30 pm to 5:00 (EDT) - Q & A and Knowledge Exchange (Abstracts/Articles on the above topics are invited)

#### **Session Chairs**

Dr. George Heckman, MD, MSc, FRCPC



Schlegel Research Chair in Geriatric Medicine, Ontario, Canada

Dr. George Heckman holds an undergraduate degree in Engineering Physics from Laval University (1988) and a Master of Mathematics in Computer Science from the University of Waterloo (1991). He graduated in 1995 with a Doctor of Medicine from the University of Toronto, Ontario. He completed residency training in internal medicine at the University of Toronto (1999) and geriatric medicine at McMaster University (2000), and is a Fellow of the Royal College of Physicians and Surgeons of Canada. He completed a Master of Science Degree in Health Research Methodology at McMaster University in 2006. He holds the Schlegel Research Chair for Geriatric Medicine at the RIA, and is presently an Associate Professor with the School of Public Health and Health Systems at the University of Waterloo. He is also an Assistant Clinical Professor of Medicine at McMaster University. He provides knowledge translation support for the Waterloo Wellington Local Health Integration Network. He has been Primary Panelist for the Canadian Cardiovascular Society Consensus Conference on Heart Failure since 2005, Vice Chair of the Quality Indicators for Heart Failure Working Group of the Canadian Cardiovascular Society, led the Quality Indicators for Heart Failure Sub-theme group for Palliative Care/End of Life Planning 20112012 of the Canadian Cardiovascular Society, and was a member of the Heart Failure Management Working Group of the Cardiac Care Network of Ontario. He is a Fellow of interRAI, an international not-for-profit consortium of researchers and clinicians from over 35 countries and which develops, tests and implements standardized assessment systems for vulnerable individuals across several care settings. Research interests include management of heart failure in long term care and other frail seniors, chronic disease management of frailty in various care settings, and vascular aging.

## Ms. Kelly Kay, MA, PhD(c)



Executive Director, Provincial Geriatrics Leadership Office, Ontario, Canada

Kelly Kay is an experienced health leader, with more than 30 years of health system experience, including direct care, clinical administration, health policy and health professional education. She has held executive roles at the national, provincial and local levels and has led multiple collaborative initiatives focused on planning and design of clinical services and health systems, with particular interest in primary care and geriatrics.

Kelly holds a Master of Arts in Leadership (Health Specialization) from Royal Roads University and has completed an Interdisciplinary Fellowship with the Canadian Frailty Network, studying the use of technology in the care of older adults living with frailty. Kelly has developed curricula in the areas of interprofessional practice and health systems design for various health professions. Kelly is currently completing PhD studies at the University of Toronto and her research interests include health system co-design with older adults, health leadership and interprofessional team-based care models. She is an enthusiastic advocate who collaborates with seniors and health professionals to create new possibilities for health system design.